

**Supportive Residential Mental Health Services** 

FY2018 State of the Agency

A Measured and Sustainable Approach

Presented October 1, 2018

### Mission

Pathway Homes embodies the spirit of recovery: embracing an attitude of hope, self-determination and partnering with each individual on their personal journey toward achieving self-fulfillment and realizing their dreams.

We fulfill our mission by making available to individuals with mental illness and co-occurring disabilities a variety of non-time-limited housing and services to enable them to realize their individual potential.

### **Vision Statement**

The Vision of Pathway Homes is to create a future in which all individuals with mental illness and co-occurring disabilities are able to lead meaningful, self-directed lives in a home of their choice with the supports and services they need.

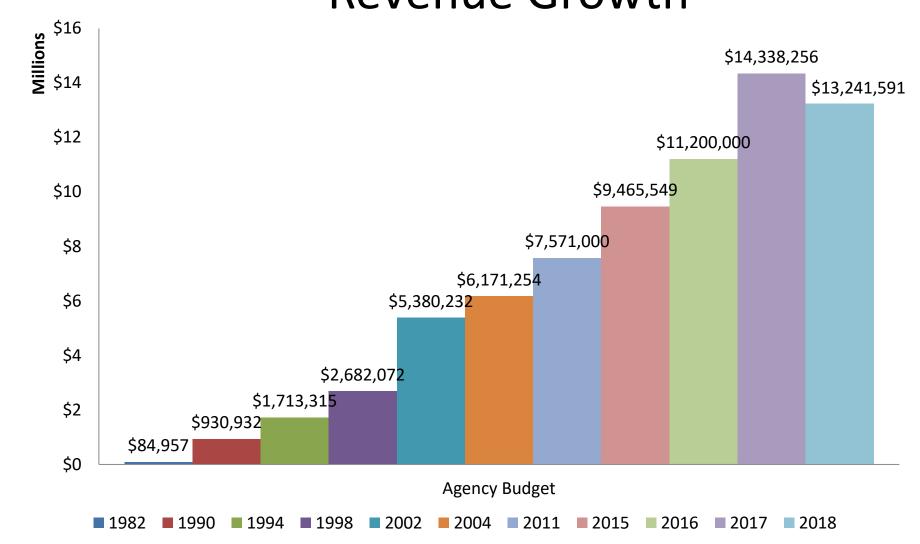
# Pathways at a Glance



### **FINANCIAL SUMMARY**

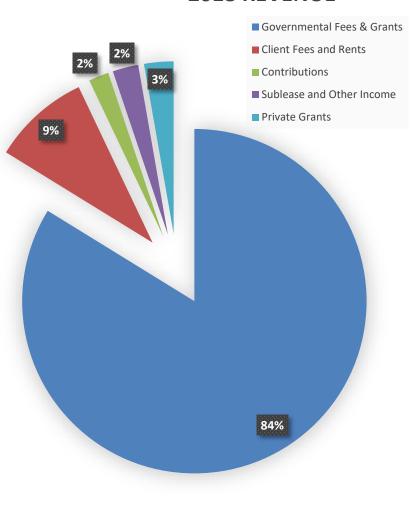
FY 18 Revenue and Expenditure

### Revenue Growth –

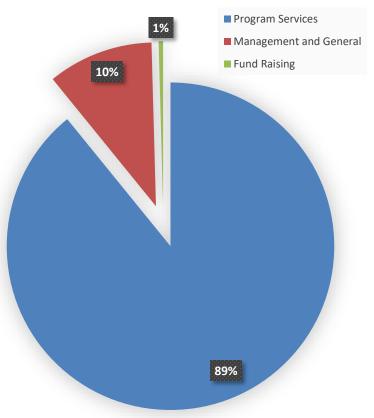


# **Annual Budget**

#### **2018 REVENUE**

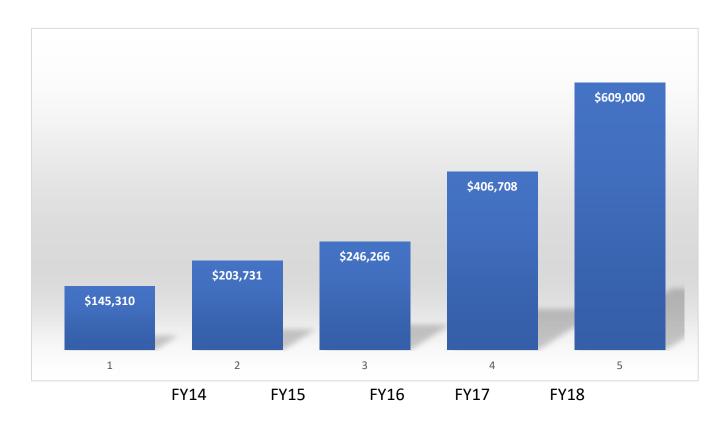


#### 2018 EXPENSES



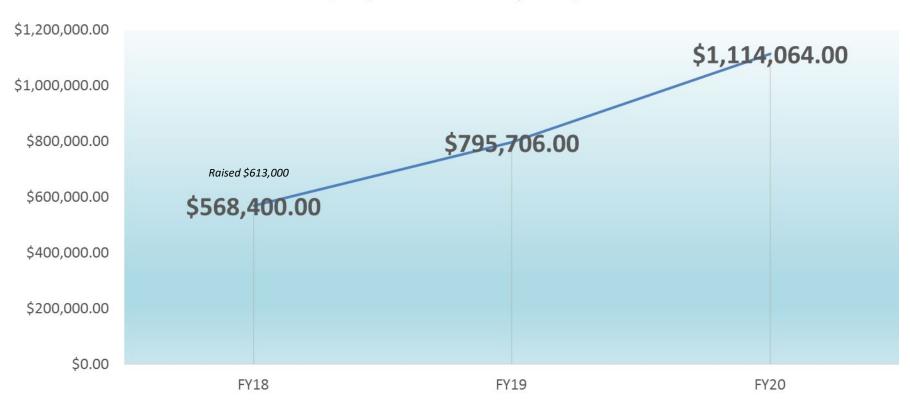


### FY2014 - FY2018 Contributions



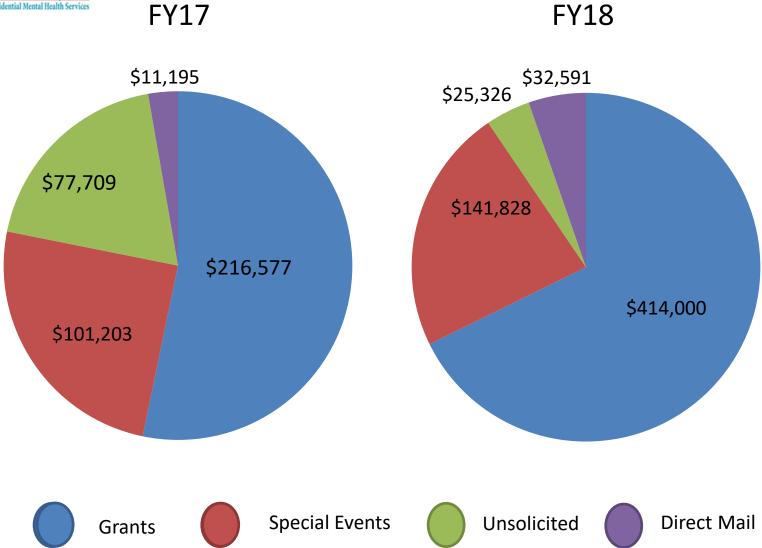
# Goal \$1,000,000+ by FY20

# 40 Percent Average Growth Rate (30 percent last 3 years)





#### **Grants and Targeted Campaign Growth Continues**



### Volunteers

- Total Volunteers: 242 (down from 311 in FY17)
- Total Number of Volunteer Groups: 5 groups
- Total Volunteer Hours: 4,057.50 (up from 2,028 in FY17)
- Total Value Volunteer Hours: **\$100,180**

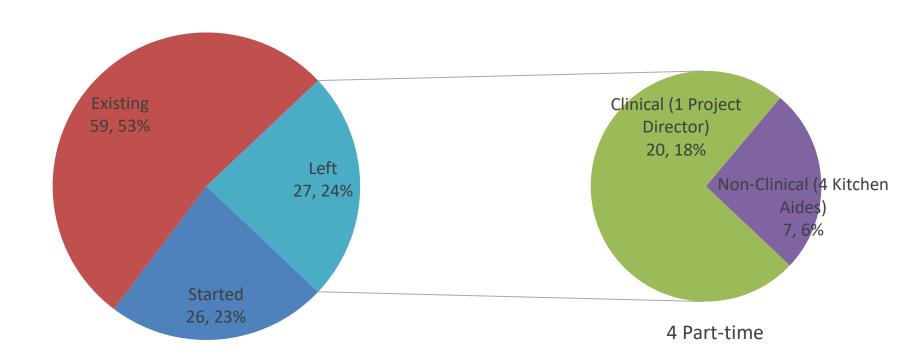
**Note**: Independent Sector Value of Volunteer Time = \$24.69 Per Hour

We Made It Happen in FY2018

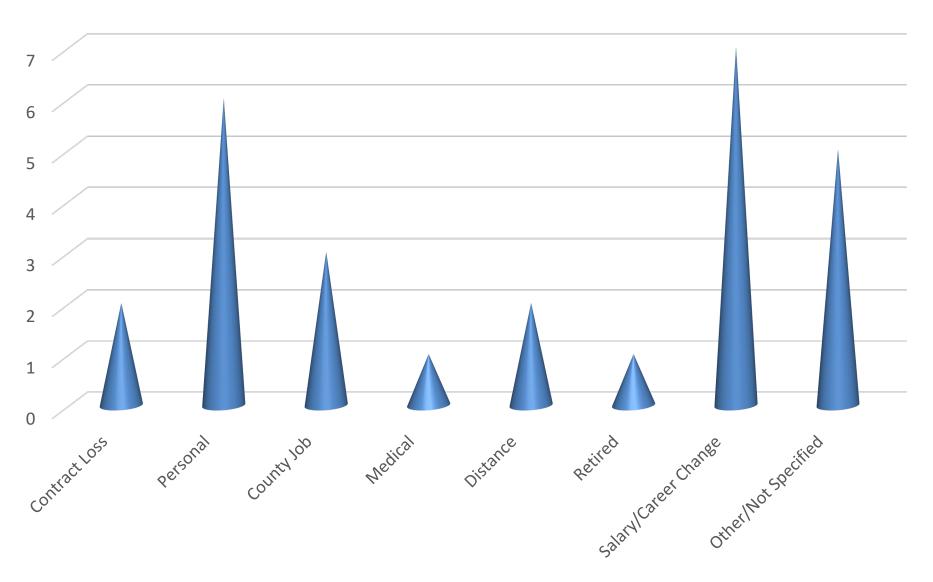
### **PERSONNEL TRENDS**

#### **Trends in Staff Turnover**

112 Staff worked during FY2018 (36 fewer than in FY2017)



#### **Staff Exit Reasons**



### **QUALITY ASSURANCE**

Quality Records Review
Performance Outcomes
Annual Incident Report Review
Annual Medication Error Review
Policies and Procedures Review

#### **Stable Housing**

**97%** of individuals served remained in permanent stable housing.

# Hospitalization (Medical)

**87%** remained out of medical hospitals beds during the fiscal year.

#### **Employment**

**17%** of individuals were employed either full-time or part-time.

#### **Incarceration**

**98%** of individuals remained out of jails during the fiscal year.

# Hospitalization (Psychiatric)

**88%** remained out of psychiatric hospital beds during the fiscal year.

#### **Veterans Served**

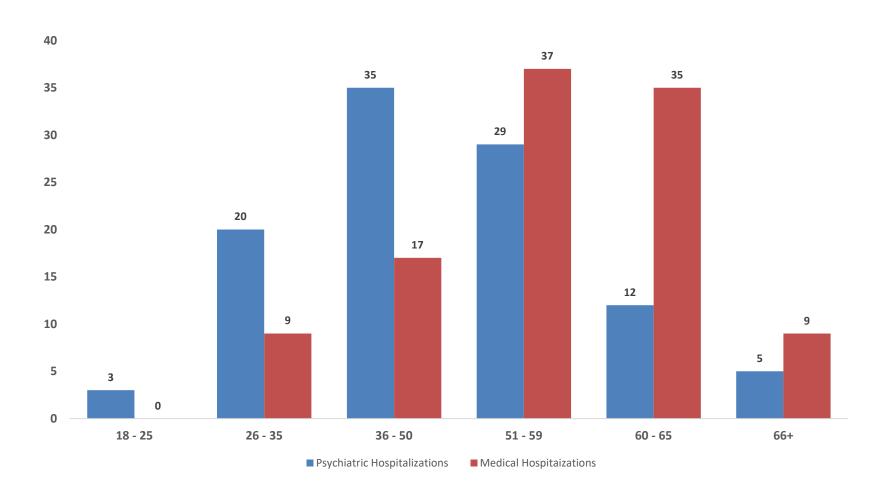
**3%** of individuals served are United States Veterans.

#### **Overall Satisfaction**

**93**% of individuals served report overall satisfaction with Pathway Homes' services.



# Hospitalization Type By Age



### **PROGRAMS**

BUCHANAÑ

RUSSELL

WASHINGTON

**TAZEWELL** 

SMYTH

DICKEN-SON

WISE

SCOTT

LEE

GILES

PULASKI

**CARROLL** 

714

29

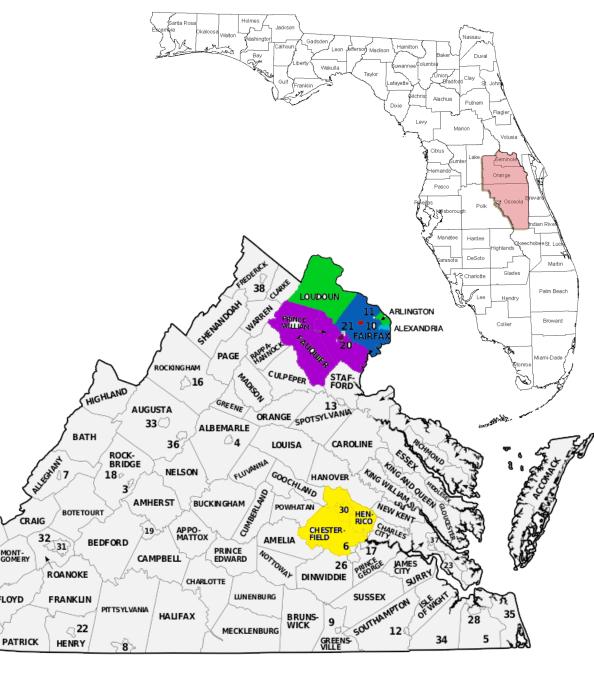
FLOYD

BLAND

WYTHE

GRAYSON

Who We Serve Where We Serve



# Pathways Programs

- Mental Health Community Support Services
  - Supported Living (VA)
  - Consumer-Directed (VA)
  - Services Only (FL and VA)
- Assisted Living Facilities (VA)
  - Stevenson Place
  - Russell Road
- Housing + Support Services (VA)
- Housing + Housing Supports (VA)
- Housing Only (VA)

# Building a Measurable and Sustainable Continuum of Care



### **Units Owned/Managed**

### FY 2017 (Total = 317)

#### **OWNED**

•	Condos	38
•	Duplex Units	4
•	Townhouses	17
•	Single Family	10
•	ALF	1

#### **LEASED/MANAGED**

•	Apt Units	232
•	Townhouses	12
•	Single Family	2
•	ALF	1

### FY 2018 (Total = **335**)

#### **OWNED**

•	Condos	49
•	Duplex Units	4
•	Townhouses	17
•	Single Family	10
•	ALF	1

#### **LEASED/MANAGED**

•	Apt Units	242
•	Townhouses	12
•	Single Family	2
•	ALF	1



Who We Served in FY18

### **DEMOGRAPHICS**

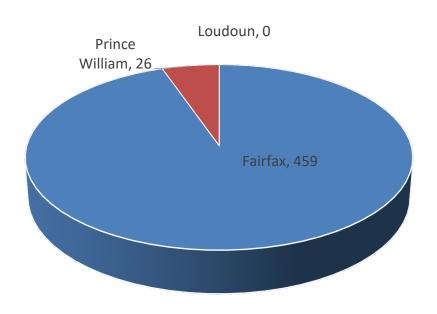
# 493 New Individuals Served Most in Pathway Homes' History

<b>FY 2018</b>

Total served	743	Total served	1241
<ul><li>Housing &amp; Supp Svcs</li></ul>	536	<ul><li>Housing &amp; Supp Svcs</li></ul>	328
<ul><li>Housing Services</li></ul>	42	<ul><li>Housing Services</li></ul>	220
<ul><li>Housing Only (Lessor)</li></ul>	45	<ul><li>Housing Only (Lessor)</li></ul>	45
<ul><li>Services Only (FL)</li></ul>	120	<ul><li>Services Only (FL)</li></ul>	108
		<ul><li>Services Only (VA)</li></ul>	21
		<ul><li>Assessment</li></ul>	99
Age range: 21-84		<ul><li>Triage &amp; Referral</li></ul>	420
		Age range: 20-85	

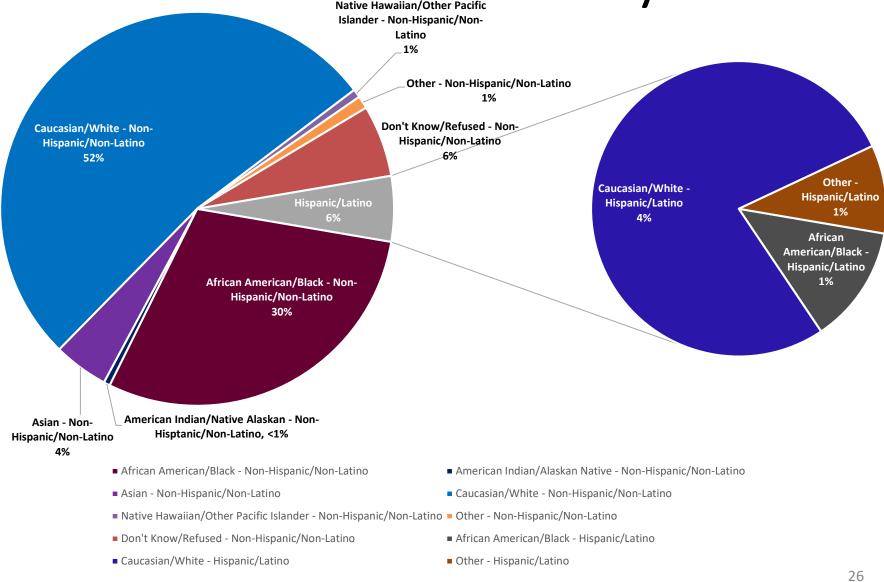
### **Active Waitlist**

On the wait list as of
 6/30/18 = 485



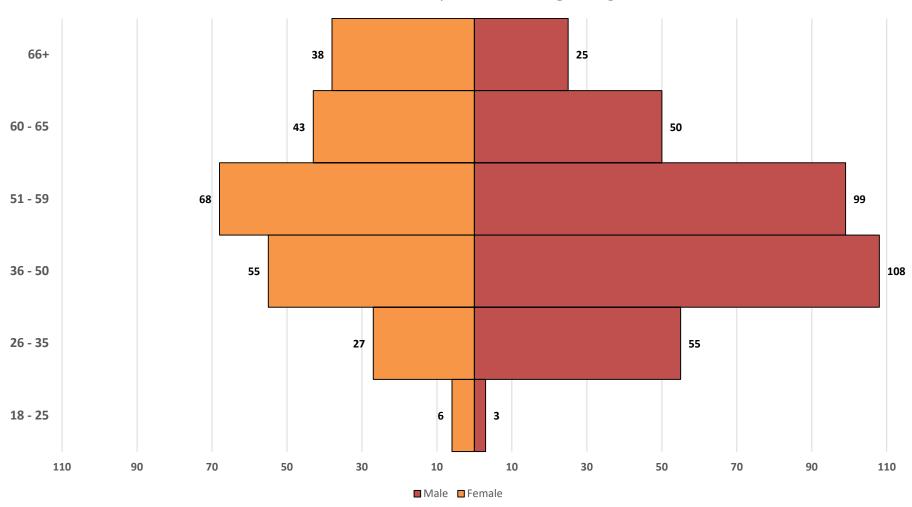
- Deactivated from the wait list in FY18 = 54
- Added to the waitlist in FY18 = 91
  - Net gain of 37 individuals
- Longest current wait time (in years) = 7.92

# Race and Ethnicity



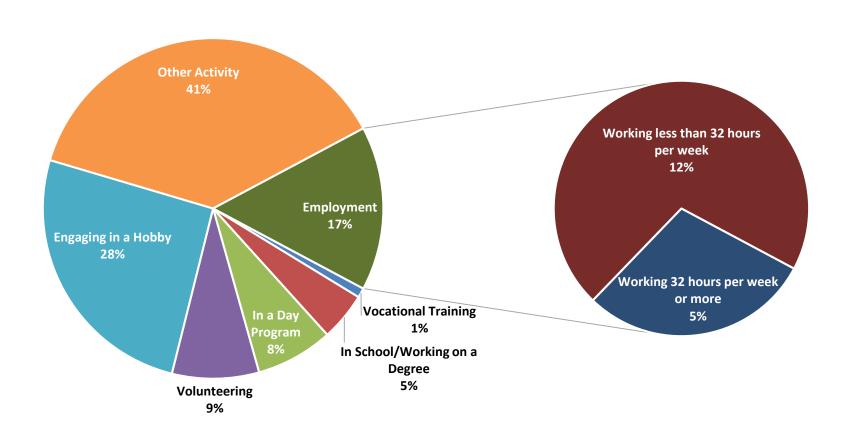
# Age Range

Individuals Served by Gender and Age Range

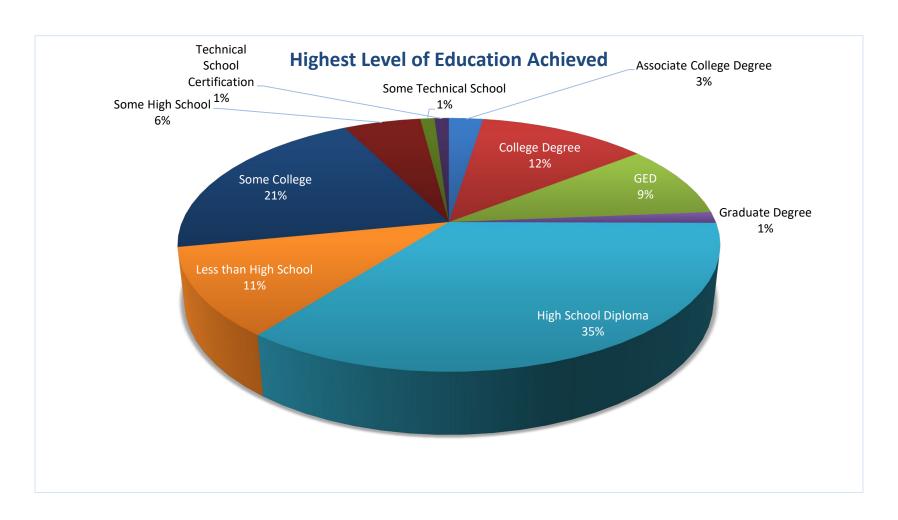


# **Employment Status**

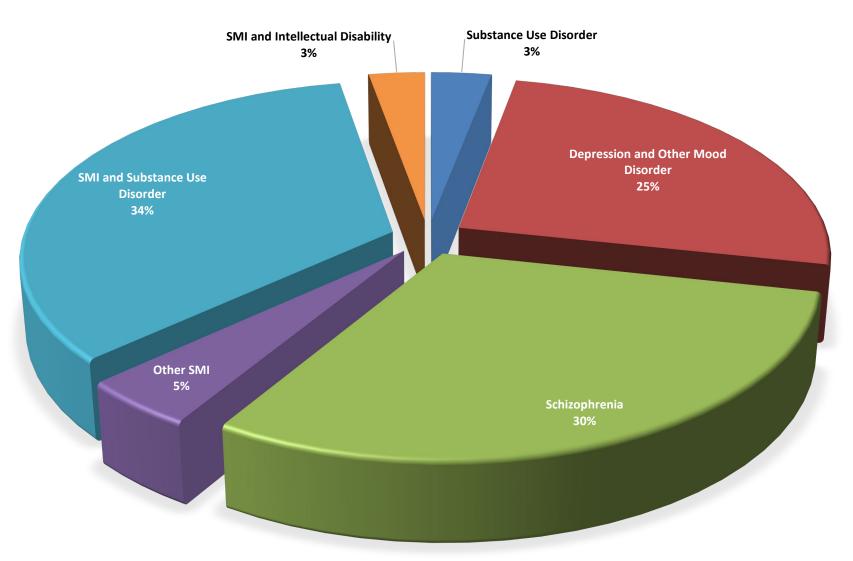
Productive Day Activity
Individuals not de-duplicated across activities, so percentages total more than 100



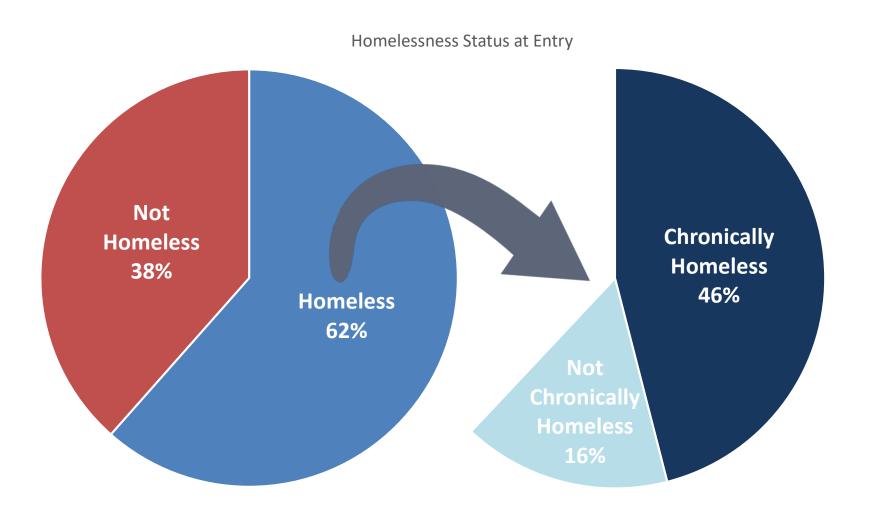
### Education



# Diagnoses

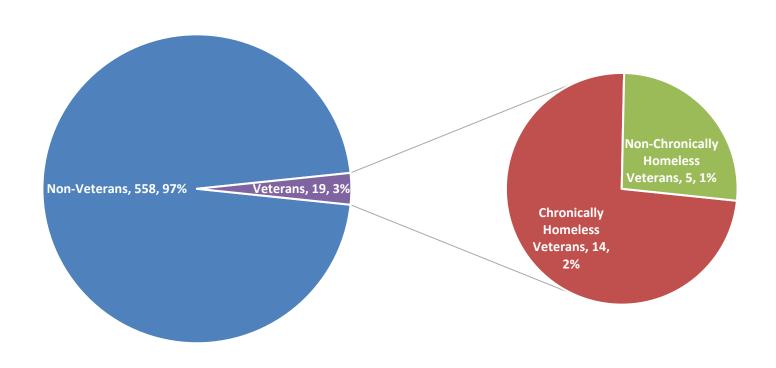


# Homeless/Chronically Homeless

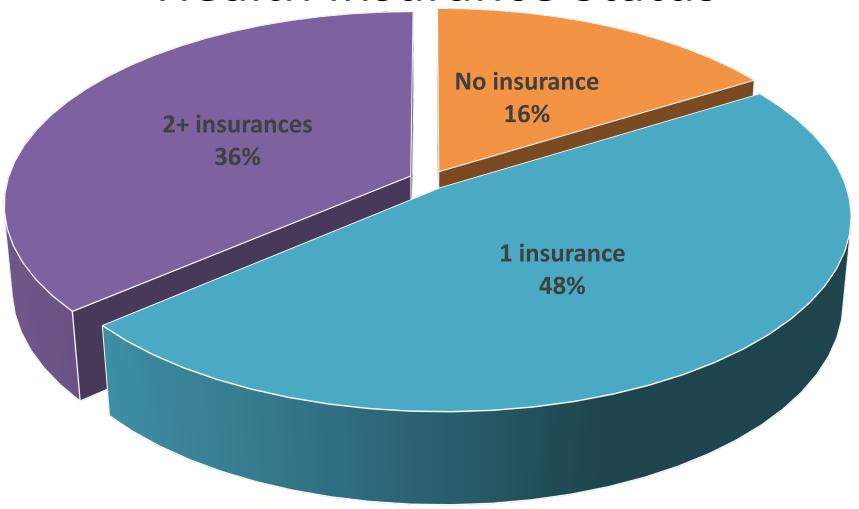


## **Veteran Status**

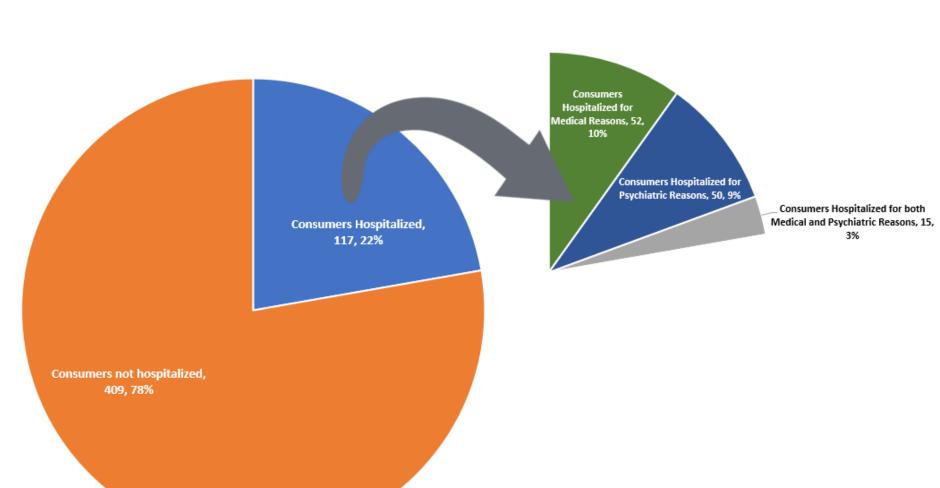
#### **Veteran Status**



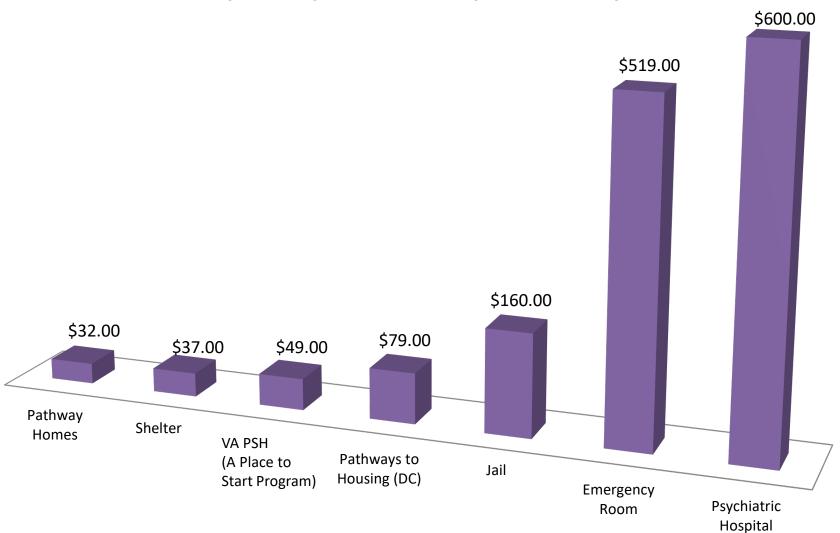
## Health Insurance Status

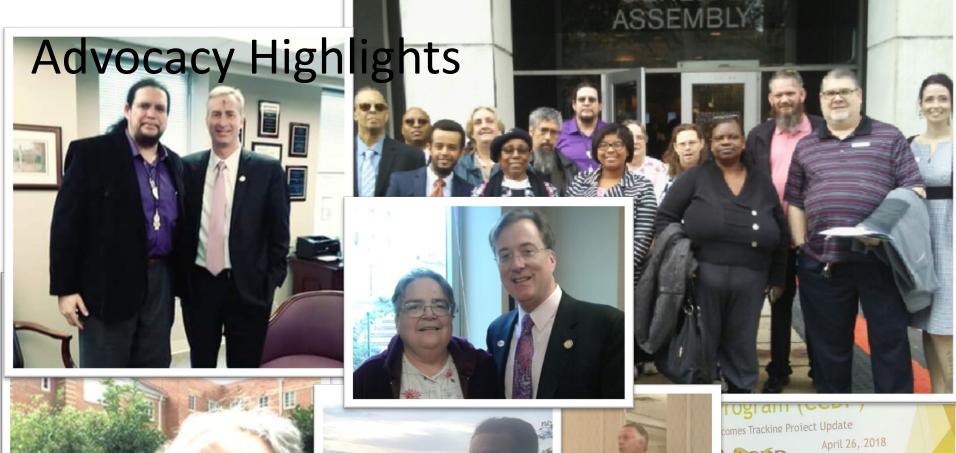


# Individuals Hospitalized



# Cost of Services (per person per day)











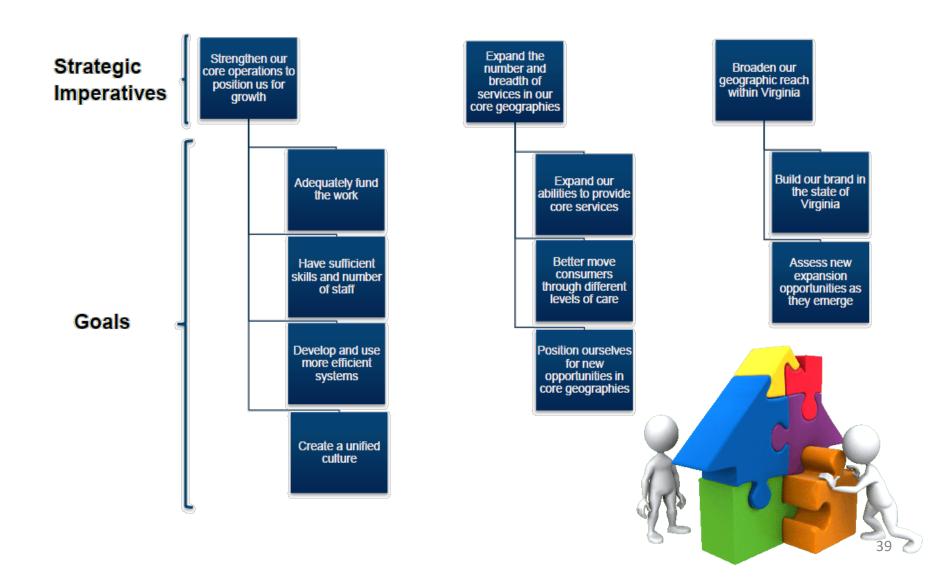
### FY2018 Advocacy Activities

- Fair Housing Consultations
- Richmond and Roanoke visit with VACBP
  - Direct advocacy with Governor McAuliffe, Senator Kaine, Governor Northam
  - Consumer Advisory legislative advocacy in Richmond (Representative Bulova, and Delegate Mark Sickles)
- Fairfax County Long Term Care Coordinating Council (LTCCC)/Concerned Fairfax
- Steps to Pathways Seminars
- Behavioral Health Oversight Consultations to local CSBs and DBHDS
- Board Advocacy Committee
- Washington Regional Association of Grantmakers (WRAG)
- Fannie Mae Beta Project
- Fairfax Board of Supervisors

2016 – 2021 Strategic Plan Implemented October 2016

### STRATEGIC PLAN REVIEW

### Strategies and goals



# Strategic Goals Progress 07/10/2017 - 6/30/2018

### 1.1 Adequately fund the work

- Maintained 45 days cash on hand (goal \$1-1.5M)
- HUD CoC grant renewals for \$5,521,495
- Private fundraising increased by \$200K to \$609,000
- DBHDS funding increased by \$177,000
- New transitional CABHI funds for \$101,422

#### 1.2 Have sufficient number of skills and staff to do the work

- Hired SOAR specialist
- Increase in # of licensed clinical managers
- Management Team training in landlord legal action, and retirement planning options.
- Expanded strategy to maximize volunteers

## Strategic Goals Progress 07/10/2017 - 6/30/2018

- 1.3 Develop and use more efficient systems
  - Office 365, SharePoint, and Yardi implemented
  - Transition to Paycom HRIS
  - Ongoing review of agency processes and workflows, and staff training on updates.
- 1.4 Create a unified organization
  - Staff updates at quarterly meetings
  - Intranet capability available through SharePoint
  - Use of shared calendars and IM available

# Strategic Goals Progress 07/10/2017 - 6/30/2018

### 2.1 Expand ability to provide core services

- 17% employed
- 97% remain housed
- 74% are engaged in productive daily activity
- 100% access to healthcare as needed

### 2.2 Move consumers thru levels of care

- Added <u>21</u> new beds thru grants and subsidies
- Increased # of staff who are SOAR-trained
- Hired RN

# Strategic Goals Progress (07/01/2017 - 6/30/2018

- 2.3 Position re: new opportunities in core geographies
  - Increased # served in Fairfax by 21
  - Received transitional CABHI funding to serve 25 new individuals (4 in Prince William County)
  - Maintained # served in central FL
  - Initiated Mental Health Skill Building services in Loudoun County for the first time ever.
  - Submitted application for Transitional Group Home and PSH in Chester and Albermarle counties in VA

# Strategic Goals Progress (07/01/2017 - 6/30/2018

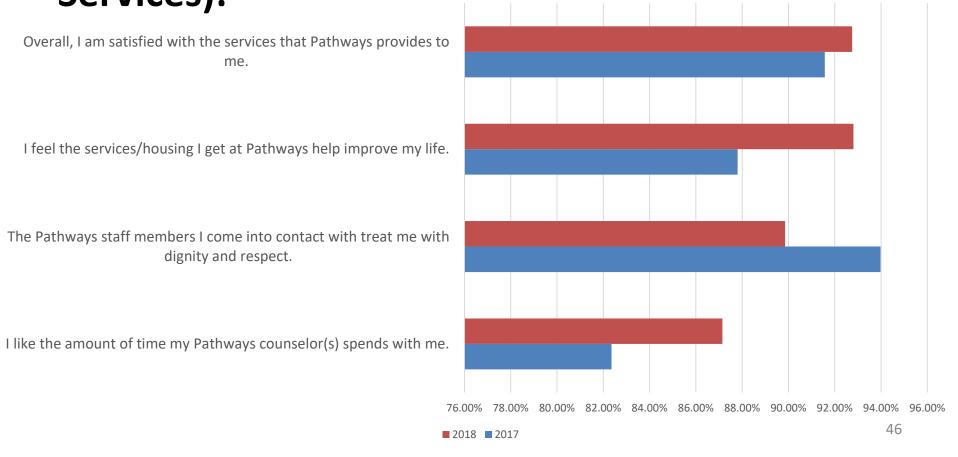
- 3.1 Build our brand in the state of VA
  - Pro Bono website redesign and marketing consultation from Fannie Mae communications team.
  - Provided consult to Prince William, Alexandria, and Loudoun counties re: state PSH funding RFP.
  - CAC participated in 2-Day training in Richmond on self-advocacy through Mental Health America Virginia Chapter.
  - Visits with legislators at the State Capitol in Richmond

How Well Are We Doing?

### **SATISFACTION SURVEYS**

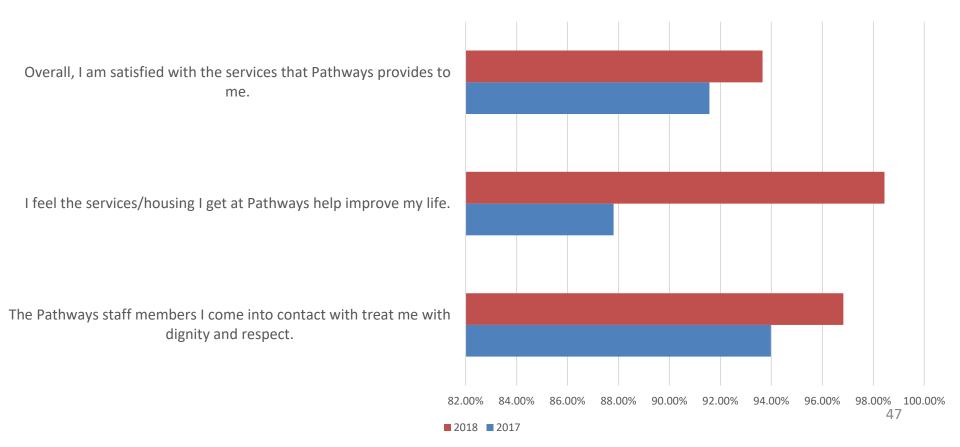
# Impact on Consumer Satisfaction 29% Overall Response Rate

Satisfaction of Individuals Served (Housing & Services):



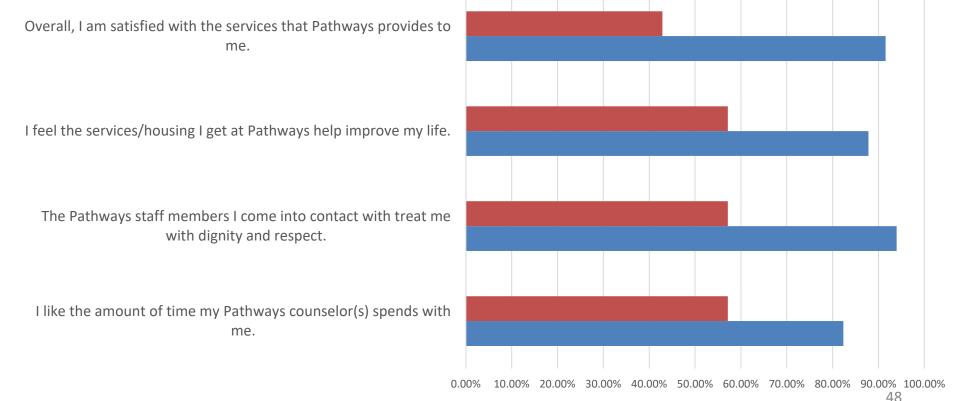
# Impact on Consumer Satisfaction 29% Overall Response Rate

### Satisfaction of Individuals Served (Housing Only):



# Impact on Consumer Satisfaction 29% Overall Response Rate

### Satisfaction of Individuals Served (Services Only):



**2018 2017** 

### 2017 Staff Survey Completed via Survey Monkey – 76% response rate (highest ever).

### Category averages:

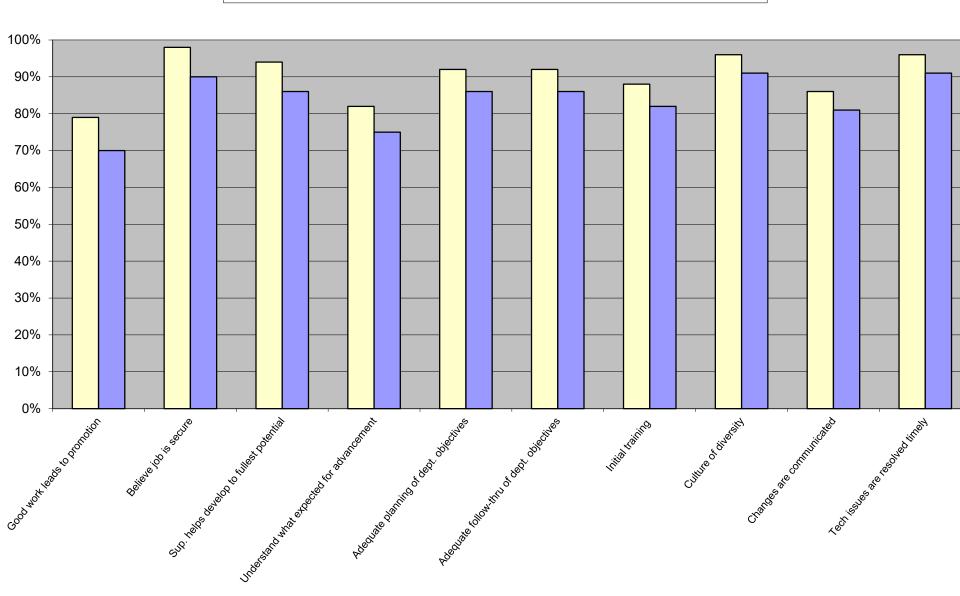
2017			2016				
•	Relationship with Supervisor	86%	•	Relationship with Supervisor	91%		
•	Work Environment	<b>79</b> %	•	Work Environment	93%		
•	Overall Engagement	<b>76</b> %	•	Overall Engagement	84%		
•	Leadership and Planning	69%	•	Leadership and Planning	89%		
•	Training/Development	67%	•	Training/Development	83%		
•	Corporate Culture/Communications	64%	•	Corporate Culture/Communications	81%		
•	Pay and Benefits	60%	•	Pay and Benefits	<b>74%</b>		

### Staff Satisfaction FY2014 – FY2018 Trends

	Medium Category Organizations	Pathway Homes Pathway Homes Pathway Homes Pathway Homes						
AVERAGES	That Made the List (2016)	Results 2017	Results 2016	Results 2015	Results 2014	Results 2013		
Leadership and Planning	90%	69%	89%	92%	95%	93%		
Corporate Culture and Communications	89%	64%	81%	87%	91%	92%		
Role Satisfaction	91%			91%	95%	94%		
Work Environment	90%	79%	93%	85%	91%	92%		
Relationship with Supervisor	92%	86%	91%	95%	93%	95%		
Training, Development and Resources								
	83%	67%	83%	86%	85%	84%		
Pay and Benefits	87%	60%	74%	80%	81%	80%		
Overall Employee Engagement	92%	76%	84%	89%	92%	91%		

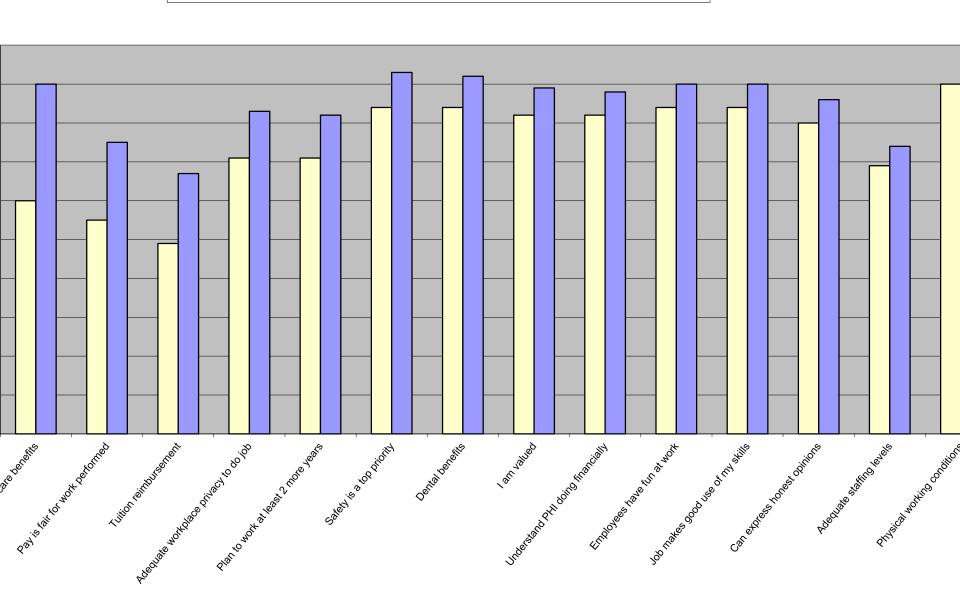
### Pathway Homes Results 5% or Better Compared to Medium Category Organizations that made the list

□ Pathway Homes □ Medium Category Organizations That Made the List



### Pathway Homes Results 5% or Worse Compared to Medium Category Organizations that made the list

□ Pathway Homes □ Medium Category Organizations That Made the List



### Board in Action















### **Board Impact**

- All volunteer board
- Range and depth of expertise
- Board member recruitment and onboarding
- Advocacy and education activities
- Philanthropic contributions
- Financial consultation
- Employee and Resident events
- Leadership Team support
- Give or Get Policy Implemented More Aggressively

### **Looking Ahead**

#### **CONTINUE:**

- Culture of Excellence
- Expansion of ALFs
- Loudoun County Expansion
- Housing Acquisition and Development
- Increased Board involvement in fundraising
- Consumer Advisory Board advocacy
- Mental Health Skills-Building

#### EXPANSION OF THE FOLLOWING SERVICE LINES TO REMAIN COMPETITIVE:

- Crisis Stabilization
- Outpatient
- Medicaid Waivers
- Substance Abuse Services
- Employment and Vocational Training
- Behavioral Health Homes
- Geropsychiatry
- Medicaid ID/DD
- Day Supportive Programs
- Mergers and Acquisition to Maximize Sustainability



## What underscores a Culture of Excellence?

- Core Competencies that are consistent for all positions across the agency.
- Our core competencies should be driven by the agency's strategic plan, vision, mission, values, ethics and input from you.

### What does being a Non-Profit mean?

- A non-profit organization (NPO) is dedicated to furthering it's mission. In economic terms, it is an organization that uses its surplus of the revenues to further achieve its ultimate objective, rather than distributing its income to the organization's shareholders, leaders, or members. Non-profits are tax exempt or charitable, meaning they do not pay income tax on the money that they receive for their organization.
- The key aspects of nonprofits is accountability, trustworthiness, honesty, and openness to every person who has invested time, money, and faith into the organization. Nonprofit organizations are accountable to the donors, funders, volunteers, program recipients, and the public community.
- Public confidence is a factor in the amount of money that a nonprofit organization is able to raise. The more nonprofits focus on their mission, the more public confidence they will have, and has a result, more money for the organization

# How does our Non-Profit function as a Social Enterprise?

- A social enterprise is an organization that marries the social mission of a non-profit with the market-driven approach of a competitive business.
- Social enterprises are revenue-generating businesses with a twist. Whether operated by a non-profit organization or by a for-profit company, a social enterprise has two goals: to achieve social, cultural, community economic and/or environmental outcomes; and, to earn revenue.
- On the surface, many social enterprises look, feel, and even operate like traditional businesses. But looking more deeply, one discovers the defining characteristics of the social enterprise: mission is at the center of business, with income generation playing an important supporting role. (from The Centre for Community Enterprise).

# Efficiencies create increased working capital.

### We are doing more with less – How?

Increased face-to-face requirements, Medicaid billing

- Staff training
- Technology
  - Outsourced support
  - Automated processes
  - Business processes
  - Software (EHR, Accounting, Property Mgt., HRIS)
  - Data collection and information management

