

Pathway Homes of Florida, Inc.

ANNUAL REPORT 2019



Partnering for Change

Our Mission:

Pathway Homes embodies the spirit of recovery: embracing an attitude of hope, self-determination and partnering with each individual on their personal journey toward achieving self-fulfillment and realizing their dreams. We fulfill our mission by making available to individuals with mental illness and co-occurring disabilities a variety of non-time-limited, affordable housing, and services to enable them to realize their individual potential.

President's Message

Pathway Homes is a great value. The cost of our services is significantly lower than alternative services which often provide temporary and less effective care. Pathway Homes can provide services to those we serve for much less than the \$800 it would cost to do so in psychiatric institutions. Also, did you know that 85% of those we served in FY 2019 were successful in remaining housed for at least one year, 98% of those maintained or increased their income? These are amazing outcomes given that 100% of these individuals had been homeless prior to Pathways' services, but more important than the numbers are the individual testimonies of those we serve:

"Thank you, Pathways, for saving my life."

"I'm so grateful, I don't know what I've done to deserve this. You are the best case manager I ever had."

"I appreciate everything you do."

"You are a true friend. Thanks for caring about me."

"When I go downtown and see people sleeping under the bridge and acting all foolish, I think about how that use to be me. Thank you for sticking with me."

Fall ushers in a new season, including Thanksgiving. At Pathways we are thankful for the opportunity to make positive change in the lives of the individuals we are proud and privileged to serve. As an agency, we also practice corporate responsibility as we support our staff in extending this spirit of service to the broader community. For instance, Pathways staff gave back to the community by volunteering their time with the Central Florida Basket Brigade, delivering food baskets to needy persons and families in the community for Thanksgiving.

I have always believed that we could not have achieved our many successes without the support of our partners and friends. Whether it is volunteering your time, attending fundraising events, sponsoring or donating, you have been invaluable contributors to Pathways' growth in size and stature, and you continue to be essential to our future success. As we seek to build a "Culture of Excellence" our services continue to grow with excellent performance outcomes. Our commitment is to realize even greater outcomes by providing all services through an equity lens.

We ask that you join us in this effort. If you know of an individual or business that has not heard about us, encourage them to visit our website at www.pathwayhomesflorida.org, [share their contact information](#) and become a part of our mission of recovery. We also ask that you make a habit of visiting the site, so you can learn about upcoming events that might interest and inspire you. I look forward to you partnering with us to serve the many individuals still waiting for our services. On behalf of all of us at Pathway Homes, I thank you for your support. When we unite our efforts, recovery can, and does happen!



A stylized, handwritten signature in blue ink.

Sylisa Lambert-Woodard, EdD, LCSW, LSATP, MAC
President and Chief Executive Officer

Patricia Trevithick's Homeless Story



Patricia came to Florida in 2011 and became homeless immediately. She was using drugs and alcohol and bounced between couch surfing and living in a tent in the woods. She had been diagnosed with bi-polar disorder and was not taking her medication. She had no income and was just existing on the streets when she met Nancy Martinez from the Orlando Hope Team. Nancy worked with Patricia to get her mental health assistance and started the process of getting her on the housing list. She was awarded

Social Security Income in 2017. After 6 years on the streets she was put on the Permanent Supportive Housing list in early 2017 and was housed with Pathway Homes on June 1, 2017. Once she was in her apartment, she started to reconnect with her family from whom she had been estranged for years. Her sister comes to visit her every year. She stopped using drugs and alcohol and started working on recovery goals. She got her license back, bought a vehicle and spends her time now helping others by taking them to doctors appointments, referring others to assistance with housing and detox, and cooking meals for some of her neighbors who were also formerly homeless. She always has a smile on her face and says that Pathway Homes changed and saved her life.

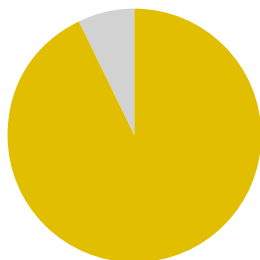
Timothy's Story



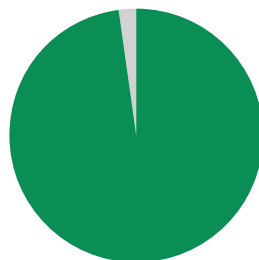
Timothy Forgit once enjoyed a life of working in construction, until his unfortunate diagnosis of bone cancer at the young age of 24. Although the cancer was successfully eliminated, his recovery cost him the bone in his arm. Due to the cancerous bone being replaced with titanium, Timothy's mobility became restricted and his career in construction became a significant struggle. These issues made it difficult for him to maintain employment.

Timothy's inability to earn a stable income clashed with the rising cost of living. Hoping to be self-sufficient and avoid burdening family, he obtained a bed in Coalition and resided there for eight months. While in this non-ideal housing situation, Timothy enrolled in school in IT in order to gain skills outside physical labor. Fortunately, during this overwhelming time, Timothy was placed in the Permanent Supportive Housing program and was assigned a case manager at Pathway Homes. His case manager assisted him with obtaining an apartment for independent living.

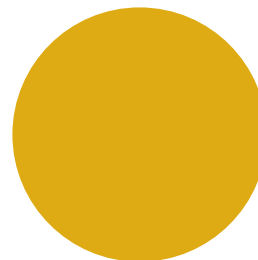
Timothy has been extremely grateful for the housing and additional services. He successfully stayed in housing for two years. We are thrilled to congratulate him in his final semester of school.



93%
Clients
remained
housed



98%
Clients maintained
or increased their
income



100%
Clients have access
to primary healthcare
and documented
reduction of ER
services

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Partner Organizations

Pathway Homes is proud to have worked in partnership during FY2019 with the following agencies and organizations.

- Homeless Services Network
- Health Care Center for the Homeless
- Orange Blossom Health
- Aspire Health
- City of Orlando
- Orange County
- Seminole County
- Osceola County
- Mustard Seed
- Two Men And A Truck
- Central Florida Foundation
- Meridian Behavioral Healthcare
- East Orlando Chamber of Commerce
- Winter Park Chamber of Commerce

